

5th Transnational Project Meeting IN COMMON SPORTS

Location: Sanxenxo-Pontevedra

Date: May 1-2-3, 2019

Organizing Partner: University of Vigo- Municipality of Sanxenxo

Agenda items

May 1, 2019.

[start time] – [end time]	[agenda item description]	[location]
20:00 -21:30	TRANSFER FROM VILANOVA DE CERVEIRA TO SANXENXO	Vilanova de Cerveira

May 2, 2019

[start time] – [end time]	[agenda item description]	[location]
9:00-10:00	RECEPTION AND WELCOME Mayor of the Municipality of Sanxenxo - <i>Telmo Martín</i> Mayor of the Municipality of Vila Nova de Cerveira - <i>Fernando Nogueira</i>	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
10:00-10:15	DISPLACEMENT TO SPORTS PAVILION	

10:15-12:00	PROGRAM OF PHYSICAL EXERCISE WITH OLDER ADULTS Attend the senior practice class Interact with seniors (practical activities) 1. Presentation 2. Video competition 3. Physical Test 4. Physical Games for older adults	Sports Hall (Sanxenxo)
12:00-12:15	DISPLACEMENT TO SALA NAUTA	
12:15-14:00	PRESENTATION OF THE PHYSICAL ACTIVITIES PROGRAM (ALL PARTNERS) (description of the trainings; time spent in each activity; competitive and traditional modalities included in training Subjective evaluation of the motivation of the athletes in the training (what type of training they like more ...))	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
14:00-16:00	LUNCH	Restaurant ARRA
16:00-16:30	DISPLACEMENT TO PONTEVEDRA	
17:00-19:00	VISIT TO PONTEVEDRA AND RECEPTION IN THE UNIVERSIDADE DE VIGO	RECTORADO AND CITY CENTER PONTEVEDRA
19:30	VISIT TO WINE CELLAR	ADEGAS EIDOS DE PADRIÑAN
21:30	DINNER	Restaurant ALVARO

MAY 3, 2019

[start time] - [end time]	[agenda item description]	[location]
10:00-10:30	WP1-PROJECT MANAGEMENT AND TRANSNATIONAL COORDINATION	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9

10:30-11:00	WP2 - COMMUNICATION AND DISSEMINATION	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
11:00-11:15	COFFEE BREAK	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
11:15-11:45	WP3 - MONITORING, EVALUATION AND QUALITY CONTROL	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
11:45-13:30	WP4 -STUDY “PHYSICAL FITNESS AND COGNITIVE PERFORMANCE OF THE AGED POPULATION”	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
14:00-16:00	LUNCH	Restaurant: FP-PUERTO
16:00-17:00	WP5 - COLLECTION OF BEST PRACTICES AND DEVELOPMENT OF THE GUIDE	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
17:00-18:00	WP6 - TEST AND IMPLEMENT THE CONCEPT OF INTERGENERATIONAL OLYMPICS	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9
18:00	CONCLUSIONS AND CLOSING OF MEETING	Auditorio Emilia Pardo Bazán (Sanxenxo) Room 3 42.4508172, -8.6271993 https://goo.gl/maps/edP7zpKK6GLPyvnh9