



IN COMMON SPORTS
2018-2020

1st Transnational Project Meeting - IN COMMON SPORTS

Location: Vila Nova de Cerveira

Date: February 14th 15th and 16th 2018

Organizing Partner P1. Municipality of Vila Nova de Cerveira

Agenda items

14th of February 2018

[start time] – [end time]	[agenda item description]	[location]
09.00 to 13.00 (Portugal time)	Arrival of participants	Oporto Portugal
12.00 to 13.00 (meeting point at the airport Francisco Sá Carneiro - OPORTO)	Shuttle Oporto to hotel - Vila Nova de Cerveira	Oporto airport - Vila nova de Cerveira (youth hostel)
16.30 - 18.00	16.30 welcome coffee 17.00 welcome statement and presentation of the agenda 17.30 official signature of the internal agreements 17.45 Website presentation	Vila nova de Cerveira - Municipality
19.30	Dinner	Vila Nova de Cerveira



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investimento.adl@cm-vncerveira.pt

(+351) 251708020

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15th of February 2018

[Start time] – [End time]	[Agenda item description]	[Location]
09.30 - 17.00	TRAINING SESSION	ESDL - MELGAÇO
09.30 - 11.15	Concepts of assessment in physical fitness for aged population~	ESDL - MELGAÇO
11.15 - 11.30	Coffee break	ESDL - MELGAÇO
11.30 - 13.00	Methodological definition of testing pack	ESDL - MELGAÇO
13.00 - 14.00	Lunch	ESDL - MELGAÇO
14.00 - 16.30	Practical session on assessment and management of data base	ESDL - MELGAÇO
17.00	Melgaço visiting	MELGAÇO

16th February

[Start time] – [End time]	[Agenda item description]	[Location]
09.00 - 10.00	WP1 - FILE BRIEF EXPLANATION COORDINATORS MEETING FINANCIAL ISSUES & DISSEMINATION RULES	Vila nova de Cerveira - Municipality
10.00 - 10.30	WP2 - ZÖLDPONT	Vila nova de Cerveira - Municipality
10.30 - 11.00	WP3 - UNIVERSITY OF THESSALY/ OBSHTINA AKSAKOVO	Vila nova de Cerveira - Municipality
11.00 - 11.15	Coffee break	- Municipality



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11.15 - 11.45	WP5 - COMUNE DI CESENA	- Municipality
11.45 - 12.30	WP6 - VILA NOVA DE CERVEIRA	- Municipality
12.30 - 13.30	Individual Presentation/questions of each partner related with their local work. END OF MEETING	- Municipality
14.00 - 15.00	Shuttle to Oporto	Oporto